

Alpha/Omega Youth Group • Bethlehem Christian Church

EVENT PERMISSION SLIP - *updated 1/8/11*

WHAT: SnowBlast '11, Alpha/Omega Youth Ski Trip, Snowshoe Mountain, WV
A time of Christian fellowship, growing closer to each other and closer to God

Package includes:

- Transportation and three nights lodging at Snowshoe Resort (Silver Creek Lodge—all rooms feature a full kitchen, meals while at the resort provided by youth group)
- Saturday and Sunday All-Day Ski Sessions at Silver Creek and/or Snowshoe ski areas
- Sunday Morning Worship Service at Saint Bernard Chapel
- Access to resort amenities, including indoor/outdoor heated pools, hot tub, sauna, game room, etc.

WHEN: Friday, February 18, 2011, 1:00pm, until Monday, February 21, 2011, ~5:00pm

SIGN-UP DEADLINE is Sunday, January 23, 2011! You MUST sign up and turn in Trip Cost and all required forms by January 23 to insure a space on this trip!

Check-in and packing will be at 6:30pm on Thursday in order to save time on Friday afternoon. See Trip Itinerary on page 2 for more details.

COST: \$171.00 per person age 13 & up, \$158.00 per person age 12 & under, plus optional expenses (see Trip Options section of Permission Slip for details).
Additional money for meals to and from the resort, and other expenses (recommend minimum \$40.00).

REQUIRED: Trip Cost.
Signed Permission Slip with Trip Options selected.
Completed Snowshoe General Release and Medical Consent Forms.
Completed Snowshoe Tubing Release Form (*if your child wants to snow tube while at Snowshoe*).

This trip is for active Alpha and Omega Youth Group members only. The Trip Cost is a discounted rate made possible in part by fundraising efforts.

Cancellations or changes of any kind can only be made before the sign-up deadline. Cancellations or changes made after the sign-up deadline may not be entitled to a refund due to circumstances beyond our control.

CAUTION! *Skiing, snowboarding, and snow tubing can be dangerous activities. By participating, trip participants assume all risk of injury. Trip participants are encouraged to ski within their skill level and ski in control, and should read and understand the attached Assumption of Risk and Responsibility Code. Bethlehem Christian Church and the youth leaders and chaperones specifically disclaim liability for any injury occurring during this trip.*

NOTE! *Trip participants will be responsible for any lost or damaged rental equipment. Trip participants are encouraged to keep track of their rental equipment at all times, and make use of any equipment check services that may be provided by the resort.*

Parent's Information Sheet
SnowBlast '11, Alpha/Omega Youth Ski Trip
Friday, February 18, 2011 - Monday, February 21, 2011

GENERAL ITINERARY

All times, including the return time on Monday, are approximate and subject to change by various factors that may not be under the control of the youth group chaperones.

Thursday, February 17, 2011

6:30pm Trip participants arrive at Graham Hall for check-in, packing, etc.
Begin packing church bus

Friday, February 18, 2011

12:30pm Begin arriving at church for Orientation/Prayer
1:00pm Leave Graham Hall
The group will stop for bathroom breaks and dinner en route
~10:00pm Arrive at Snowshoe Resort

Saturday, February 19, 2011

Morning *Trip participants will have breakfast in their rooms*
8:00am Pick up rental equipment
8:45am Kid's World Ski Lesson begins (optional, see Trip Options section on permission slip)
9:00am Ski session begins
Trip participants will return to their rooms for lunch and dinner
9:00am Group Ski Lesson begins (optional, see Trip Options section on permission slip)
10:45pm Group Ski Lesson ends
11:45am Kid's World Ski Lesson ends
9:00pm Ski session ends
Evening Fellowship time (swimming pool, etc.)

Sunday, February 20, 2011

Morning *Trip participants will have breakfast in their rooms*
9:00am Morning worship service at Saint Bernard Chapel
~10:30am Ski session begins
Trip participants will return to their rooms for lunch and dinner
9:00pm Ski session ends
Evening Fellowship time (swimming pool, etc.)

Monday, February 21, 2011

Morning *Trip participants will have breakfast in their rooms*
9:00am Pack bus and check out
10:00am Prayer/Leave Snowshoe Resort
The group will stop for bathroom breaks and lunch en route
~5:00pm Arrive at church

CHAPERONE/ROOMING INFORMATION

Chaperones for this trip are the Junior and Senior High Youth Fellowship leaders. The youth-to-chaperone ratio will be approximately 3-to-1.

While at the resort, each trip participant will be under the supervision of a chaperone at all times. Trip participants will be assigned to a room with other trip participants and a chaperone of the same gender.

Due to the nature of a ski resort, trip participants (especially those that are more advanced skiers) may not be under the direct “eye-to-eye” supervision of a chaperone at all times during the ski session. However, chaperones will know where trip participants are at all times, will register with the Ski Patrol, and will be readily available on the slopes and in the lodge throughout the entire ski session.



Silver Creek Resort, Snowshoe Mountain, WV

CONTACT INFORMATION

In case of emergency or other urgent need to contact your child, the group can be contacted at the below numbers:

Snowshoe Resort	(877) 432-9631	www.snowshoemtn.com
	(304) 572-5424	
David Salerno's Cellular Phone	(757) 334-1507	dbsalerno@aol.com
Becke West's Cellular Phone	(757) 630-9770	
Paula Thornton's Cellular Phone	(757) 237-7329	

Please note, however, that cell phone reception at Snowshoe is extremely poor and unreliable, and you may not be able to reach your child via cell phone or text message for the duration of the trip. The group will try to post messages and/or pictures on the Bethlehem Christian Church Youth Facebook page during the trip.

In case of emergency, parent(s) will be notified as soon as possible at the number(s) indicated on the permission slips. Please include any additional number(s) on the permission slip where you may be contacted over the duration of the trip. Also, please include the number(s) of at least one alternate point-of-contact (such as a grandparent, aunt/uncle, neighbor, family friend, etc.) that could be contacted in case of emergency should you be unreachable at any time over the duration of the trip.

In case of a significant change in the time of return, the group will contact parents and notify them of the change in schedule.

SKI LESSONS

It is **HIGHLY RECOMMENDED** that all first-time skiers attend an optional Ski Lesson. The Ski School programs at Snowshoe are excellent, and provide a good basic introduction to skiing and snowboarding that will help your child enjoy his/her experience on the slopes.

The Kid's World Ski Lesson is a 3 hour lesson designed for ages 7 to 12, to help your child learn the most important aspects of skiing: having fun, putting on equipment, standing up and getting around. Kid's World students learn in their own separate ski area, and classes feature a low student-to-teacher ratio which allows for more personal attention to be given to each child. This would be an ideal lesson for young first-time skiers and snowboarders, and is **highly recommended** for all first-time skiers ages 7 to 12.

The Group Ski Lesson is a 1-3/4 hour lesson designed for ages 13 & up (ages 11 & 12 at the resort's discretion), to help skiers and snowboarders of beginning to low intermediate ability build a fundamental platform of skills for easier terrain. This would be an ideal lesson for older first-time skiers, as well as repeat skiers who are looking to improve their skills.

OTHER INFORMATION

Trip participants are expected to behave appropriately and in a manner which will reflect positively on The Youth Fellowship at Bethlehem Christian Church. Trip participants should respect others and their property, as well as the property of the ski resort. Any inappropriate behavior will be reported to the parent(s)/guardian(s) of the involved trip participant(s) upon return. The Youth Fellowship at Bethlehem reserves the right to require parent(s)/guardian(s) to pick up their child(ren) upon request at any location and time for any reason.

IN CASE OF EMERGENCY

Your child's safety and health is our foremost concern.

In the event of an injury, we will immediately seek the assistance of local first aid in securing your child's health and comfort, and determining if there is an immediate need for further medical attention.

For most injuries, additional medical attention may not be immediately required. Simple first aid may be all that is necessary, or a follow-up with your child's primary care physician may be recommended at a later date.

However, in the event of a life- or serious health-threatening injury, further medical attention may need to be sought immediately. In this event, we will make every attempt to contact you before or while we seek further medical attention. We will also make every attempt to seek medical attention in accordance with any health insurance coverage you may have.

However, in the event of a life- or serious health-threatening injury, your child's health and safety is our ultimate concern, and other matters such as insurance coverage become secondary. Most health insurance plans recognize that emergency situations may arise where quick action is needed to secure your child's health (i.e.--heart attacks, strokes, poisonings, sudden inability to breathe, etc.) or to keep an injury from becoming more serious (i.e.--deep cuts, broken bones, etc.). Therefore, most health insurance plans have exemptions that cover the use of out-of-network medical services in the event of a "medical emergency", provided they are notified of the emergency in a timely manner (usually 24 to 48 hours following the emergency).

Please consult your health insurance policy for specific information about your health insurance company's medical emergency provisions and notification requirements, and advise us of any insurance-related concerns you may have. Also, please be sure to include your child's complete, up-to-date health insurance information on the permission slip to help us in the event of an emergency.

SnowBlast '11

Helpful Tips for Trip Participants

Be at church on time. The group will be leaving church promptly at 1:00pm. Youth not arriving at church in time to depart by 1:00pm may be left and may not be entitled to a refund.

Bring appropriate clothing. A waterproof outer layer (ski jacket and pants, or ski overalls) will help keep you dry throughout the day. Gloves and a hat are essential.

If you dress warmly in layers (i.e.--shirt(s), sweatshirt, and jacket), it will be easier to adjust to conditions by adding or removing layers. Also, several lighter layers of clothing will help keep you warmer than a single thick layer.

A helmet and goggles are good safety items, and are especially recommended for snowboarders. These are not included in the equipment rental price, but may be available for rent or purchase at the resort for an additional fee.

Sunglasses may be helpful to cut down glare on a very sunny day.

Consider sunscreen and lip balm. Since snow is highly reflective, exposure to the sun can be greater on a ski slope than it would be on a beach. Covering exposed areas of your face with sunscreen and your lips with an SPF lip balm will not only protect from the sun's rays, but may also help prevent chapping and windburn.

Mark your luggage and personal items. Please mark your luggage and any other important loose personal items (MP3 players, video games, etc.) with your name and phone number. This will help us identify items as they are packed and unpacked, and will help if any items become lost.

Bring sufficient spending money. Although we are bringing food and providing all meals while at the resort, you should still bring enough money to cover meals to and from the resort, as well as any meals or snacks you may choose to buy while at the resort. The souvenir shop at the resort is also a popular destination, and a variety of Snowshoe items, such as t-shirts, hoodies, hats, gloves, scarves, etc., are often available at discounted prices. It is recommended that you bring a minimum of \$40.00 personal spending money, to cover your meals to and from the resort, as well as souvenirs, additional snacks and drinks, personal items, etc.

Consider bringing an FRS radio. Cell phone reception is poor to non-existent at Snowshoe. FRS (Family Radio Service) radios are personal walkie-talkies that operate on up to 14 channels and/or 38 subcodes. While skiing, your youth leaders, as well as the Ski Patrol, will be looking out for your safety. However, in the event of an emergency, these radios can provide a valuable means of communication with others in the group.

Read and understand the Responsibility Code and Terrain Park Etiquette. These include important warnings and helpful hints for a safe and enjoyable experience on the slopes. All skiers are expected to read, understand, and comply with the Responsibility Code. Remember, these are in place for your personal safety and enjoyment. Please ask any youth group leader if you have any questions about this Code.

And the most important tip of all... SKI WITHIN YOUR SKILL LEVEL! Ski with a "buddy" or group, ski in control, and be able to stop at any given moment. If you are a beginner, stay on the beginner slopes (green circle) until you are extremely comfortable, and only then move up to an intermediate (blue square) slope. Expert slopes (black diamond) are just that...for experts only!

RESPONSIBILITY CODE

1. Always stay in control, and be able to stop or avoid other people or objects.
2. People ahead of you have the right of way. It is your responsibility to avoid them.
3. You must not stop where you obstruct a trail, or are not visible from above.
4. Whenever starting downhill or merging into a trail, look uphill and yield to others.
5. Always use devices to help prevent runaway equipment.
6. Observe all posted signs and warnings. Keep off closed trails and out of closed areas.
7. Prior to using any lift, you must have the knowledge and ability to load, ride and unload safely.
8. The Ski Resort does not permit riding lifts, skiing, snowboarding or snow tubing with child carriers of any kind.
9. All Ski and Snowboard equipment must have metal edges.

KNOW THE CODE. IT'S YOUR RESPONSIBILITY.

This is only a partial list; be safety conscious.

TERRAIN PARK ETIQUETTE

- **Think Before You Leap!**

- **Look Before You Leap!**

- **Is this for you?**

Our park is recommended for advanced riders. Know your limits.

- **You are taking on the risk.**

Be aware of any and all injuries or equipment damage that happens to you.

- **Make sure you can land safely.**

Avoid features that are too big for you.

- **Your Responsibility Code is in effect.**

Read it and follow it.

- **There are rules.**

You can get your pass yanked if you don't follow them.

- **Be polite.**

Act as if your mother is watching, and refrain from using foul language.

- **No aerial somersaults.**

Don't put your heels over your head.

- **Leashes are required.**

Use leashes while carrying your board to prevent runaway equipment.

- **Get out of the way.**

Don't stand on the features or in the landing areas.

- **Go with the flow.**

Be patient and wait your turn.

- **Only ride what you can see.**

Have a spotter tell you when the landing is clear.

Check out all of the features before you use them, and continue to do so throughout the day - features can change over the course of a few hours. Look at the ramps, transitions, and landings to see how difficult each feature is and to determine how you want to ride it. There are many features of all sizes and shapes.



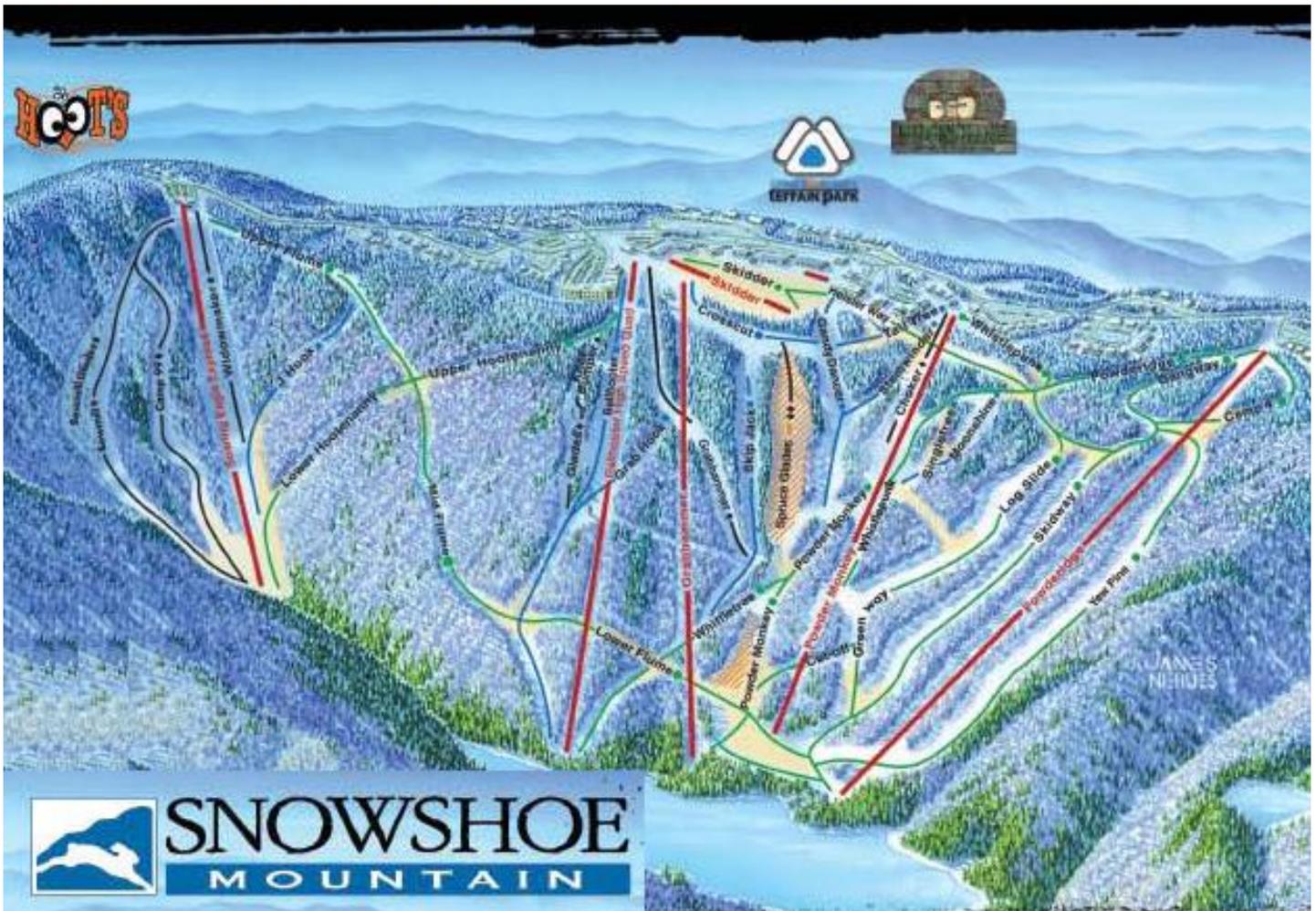
SNOWSHOE MOUNTAIN

SilverCreek



Using the Lifts:

- If unfamiliar with a lift, watch others or ask for assistance.
- Slow down before approaching the entrance to a lift.
- Have your ticket visible and ready to be scanned by attendant.
- Obey all posted lift instructions.
- To speed up everyone's ride, form up before reaching the lift loading platform.
- Use caution, raise poles and remove pole straps from wrists at loading and unloading ramps.
- Swinging, bouncing or otherwise abusing lift equipment can be dangerous. If alone, sit in the middle of the chair.
- Make sure no clothing or personal belongings are caught in the lift before unloading.
- If the lift stops, never attempt to jump off. Sit still and wait for the lift to start again or wait for instructions.
- Move quickly away from the unloading area.
- If you fall while getting on the lift, keep your head down and quickly crawl out of the way.



STATEMENT OF PERMISSION

I give my permission for _____ to attend SnowBlast '11, and to participate fully in all aspects of the trip unless otherwise indicated below. Knowing that the Bethlehem youth leaders and their assistants will take utmost care of my child's safety, I understand that accidents do occur and that in such situations immediate steps must be taken to secure my child's health. I hereby authorize the Bethlehem youth leaders and their assistants to seek medical attention for my child should an emergency arise, provided that I will be contacted as soon as possible. Failure to reach me shall not prevent an application of immediate, necessary medical treatment, not excluding injection, anesthesia, or surgery. I further agree that the Bethlehem youth leaders and their assistants shall be held harmless in the event of accident or injury. In that regard, I understand and agree that Bethlehem Christian Church and the Bethlehem youth leaders and their assistants disclaim any and all liability in the event of injuries sustained in connection with this trip.

Parent's/Guardian's Signature/Date

Phone Number(s)

Allergies, Medical Conditions, Special Concerns, or Special Instructions to Leaders

MEDICAL INSURANCE INFORMATION

Insurance Company _____

24-Hour Phone # _____

Primary Policy Holder's Name _____

Group #/ Employer _____

Child's Primary Care Physician _____

24-Hour Phone # _____

Policy #/ Child's Member # _____

TRIP OPTIONS

Please check one:

- I need to rent skis.
- I need to rent a snowboard.
- I do not need to rent any equipment. I will be bringing my own skis or snowboard.

Please check all that apply:

- I need a Kid's World Ski Lesson (ages 7-12). Please add **\$71.00** to your Trip Cost.
- I need a Group Ski Lesson (ages 13 & up). Please add **\$45.00** to your Trip Cost.

Those who wish to snow tube will need to purchase tickets at the resort. Snow tubing tickets are \$23.00 (\$19.00 for ages 12 & under) for a 2-hour session. Please plan to bring extra money to purchase these tickets if desired.



General Release Form

Group Name: Bethlehem Christian Church

Reservation # 50R3P2

Group Leader: David Salerno

Arrival / Departure: 2/18-2/21/11

Skiing in its various forms is an inherently hazardous sport with many dangers and risks that cause or contribute to injuries. Injuries are a common and ordinary occurrence of the sport.

Skiers who purchase lift tickets at this resort should understand and realize that by purchasing the lift ticket and using the facilities at the ski area, you are agreeing to freely accept and voluntarily assume all risks of personal injury of any kind or property damage resulting from inherent or any other risks.

Purchase of the lift ticket and use of the facilities is likewise an agreement by the purchaser not to hold the ski area or any of its officers, directors, employees or agents liable for any personal injury or property damage that occurs in any way during the patrons use of the ski area or its facilities.

Patrons accept themselves fully and absolutely responsible for any and all such damage or injury of any kind which may result from any cause.

If you do not agree to be bound by the terms and conditions of the sale of this lift ticket, please do not purchase the lift ticket or use the facilities at the ski area.

Presentation of the lift ticket to gain access to the premises and facilities of the area is an acknowledgment of your agreement to the terms and conditions outlined above.

Conditions of use – Please read before signing

I, the undersigned, have read and understood the Release Agreement. I am signing it freely and of my own accord, realizing it is binding upon myself, my heirs and assigns, and in the event that I am signing it on behalf of any minors that I have full authority to do so, realizing its binding effect on them as well as myself.

Print Name

Address

Signature

Date

Signature of Guardian (If under 18 yrs. Old)

Date

Witness

Date

Please deliver to ski patrol office on your first day of skiing.



Medical Consent Forms

Group Name: Bethlehem Christian Church

Reservation # 50R3P2

Group Leader: David Salerno

Arrival / Departure: February 18-21, 2011

Authorization by parent(s) or guardian(s) for another to consent to hospitalization, surgery or special medical procedures during absence of parent(s) or guardian(s).

(Please print or type all required information)

Name: _____

Date of Birth: _____ Soc. Sec. #: _____

Health History

Medical Problems: _____

Rheumatic Fever _____ Diabetes _____ Epilepsy _____ Allergies _____

Allergic to Drugs (i.e. penicillin, etc.) List: _____

Allergic Reaction to Bee Stings: Yes _____ No _____ Unknown _____

Tetanus (Last injection): _____

Is Child under medical treatment now? Yes _____ No _____

Is Child taking medications? Yes _____ No _____

Child's Physician: _____ Phone: () _____

Parent(s) or Guardian(s) Legally Responsible for Child

Name: _____ Name: _____

Day Phone: () _____ Day Phone: () _____

Night Phone: () _____ Night Phone: () _____

We hereby appoint the appropriate staff of Snowshoe Mountain who, during my / our absence shall be authorized to consent for all medical and / or surgical treatment and / or special procedures (including, by way of illustration and not limitation, administration of anesthesia, blood transfusion, diagnostic test, etc.) which may be required during our absence. Without in any manner limiting the foregoing appointment and authorization. If circumstances permit, I / we would like to have our doctor consulted in connection with such medical and / or surgical treatment and / or special procedures.

The undersigned agrees to pay all costs associated with such medical care and related transportation of the child and indemnify and hold Snowshoe Mountain Inc., its agents, employees and associates harmless from any costs incurred therein.

Signature

Date

Signature

Date

Please deliver to ski patrol office on your first day of skiing.



SNOW TUBING ACKNOWLEDGMENT OF RISK AND AGREEMENT NOT TO SUE
This is a Contract Please Read it!

- 1. I understand and acknowledge that snow tubing is a dangerous sport, and there are inherent and other risks associated with the sport, and all of these risks can cause serious or even fatal injuries.
2. I understand that part of the thrill, excitement and risk of snow tubing is the snow tubes all share a common run out area, at various times and speeds, and it is my responsibility to try to avoid hitting other snow tubers and it also is my responsibility to try to avoid being hit by another snow tuber, but not withstanding these efforts by myself and other snow tubers, there is a risk of collisions.
3. I acknowledge and understand that some, but not necessarily all, of the risks of snow tubing are the following:
a. Variations in the steepness and configuration of the snow tubing chutes and run out area.
b. Variations in the surface upon which snow tubing is conducted, which can vary from wet, slushy conditions to hard packed, icy conditions and everything in between.
c. While snow tubing you may collide with fixed objects located along the park including, but not limited to: Trees, rocks, barriers, and the like.
d. Changes in the speed at which snow tubes travel depending on surface conditions, the weight of snow tubers and the inter-linking of snow tubes together to go down the snow tube runs.
e. The chance that a patron can fall out, be thrown out or otherwise leave the snow tube.
f. The chance that a snow tube can go from one run into another run, regardless of whether or not there is a barrier between runs, and the chance that a snow tube can go up and over the run out hill.
g. The chance that a snow tube can go up the run out hill and then slide back into the general run out area.
h. Collisions in the run out area and other locations of the snow tubing facility, with such collisions happening between snow tubes, between a snow tuber and another patron, between a snow tuber and a snow tubing facility attendant, between snow tubing patrons who may or may not be in or on a snow tube at the time of the collision and other sorts of collisions; collisions with fixed objects, obstacles or structures located within or outside of the snow tubing facility.
i. The use of the snow tubing lift or tow, including falling out of a tube, coasting backwards, and other risks.
4. I also acknowledge and understand that I am accepting AS IS the snow tube and any other equipment involved with the snow tubing activity, and further acknowledge and understand that NO WARRANTIES are being extended to me with respects to any aspect of the snow tubing facility.
5. I agree and understand that snow tubing is a purely voluntary recreational activity and that if I am not willing to acknowledge the risks and agree not to sue, I should not go snow tubing.
6. In consideration of the above and of being allowed to participate in the sport of snow tubing, I AGREE THAT I WILL NOT SUE AND WILL RELEASE FROM ANY AND ALL LIABILITY SNOWSHOE MOUNTAIN INC. if I or any member of my family is injured while using any of the snow tubing facilities or while being present at the facilities.
7. I further agree that I WILL INDEMNIFY AND HOLD HARMLESS SNOWSHOE MOUNTAIN INC. from any loss, liability, damage or cost of any kind that it may incur as the result of any injury to myself, to any member of my family or to any person for whom I am signing this agreement.
8. Notwithstanding the fore mentioned, if I sue Snowshoe Mountain Inc., I agree that all disputes arising under this agreement, whether it on my own behalf or on the behalf of a family member, from use of the facilities at this resort area shall be litigated exclusively in the circuit court of Pocahontas County, West Virginia or in the United States District Court for the Northern District of West Virginia
9. I understand and agree that this agreement is governed by the laws of West Virginia. I further agree that if any part of this agreement is determined to be unenforceable, all other parts shall be given full force and effect.
10. I have read and understood the foregoing acknowledgment of Risks and agreement not to sue and am voluntarily signed below, intending to be legally bound hereby. If I am signing on behalf of a minor child, I represent and warrant that I am doing so with the consent and approval of my spouse (if any) and I understand that I may be giving up the rights of my child and spouse to sue as well as giving up my own right to sue.

Signature Date Parent or Guardian (If user is a minor)
Address (Street, City, State, Zip) Users Name Age
Users Name Age Users Name Age
Users Name Age Users Name Age